



REPUBLIC OF NAMIBIA

MOGARE WA CORONA (COVID-19) KE ENG?

Ke bolwetse jwa tshwaetsano jo bo tseneng batho lekgetlo la ntlha ka Sedimonthole 2019. Ga go na moento kgotsa kalafi e e kgethegileng ya Mogare wa Corona (Covid-19). Le fa go ntse jalo, bontsi jwa matshwao a bolwetse a mogare ono a ka kgona go alafiwa go ikaegile ka gore boemo jwa botsogo jwa ka gale jwa molwetse bo ntse jang.

#CoronaVirusNam #StayHome #Covid19nam #LockdownNam #StopCoronaVirusNam

MOGARE WA CORONA (COVID-19) O ANAMA JANG?



Ka marothodi a mathe fa motho a bua, a gotlholo kgotsa a ethimola.



Go amana thata jaaka go kgomana le go tshwarana ka diatla.



Go kgoma dilo fa godimo ga tsone jaaka dikonopo tsa ditswalo, ditafole, jj., tse di kgotletsweng ke mogare ono.

DITSHUPO LE MATSHWAO A BOLWETSE JWA MOGARE WA CORONA (COVID-19)



Letshoroma la 38°C le go feta moo



Kgotlholo e e sa ntsheng segotlholo



Bothata jwa go hema

O KA THIBELA JANG KGONEGO YA GO TSENWA KE MOGARE WA CORONA (COVID-19)



Tlhapla diatla gangwe le gape metsotswana e le 20 ka sesepa le metsi a a elelang mo pompong kgotsa phepafatsa diatla tsa gago ka sebolaya-megare se se nang le bojalwa.



Boloka sekgala sa dimetara di le pedi (2) fa gare ga gago le ba bangwe.



Ithibe molomo le nko ka sekgono se se obilweng kgotsa ka pampiri ya go mina fa o gotlholo kgotsa o ethimola.



Tila go ikgoma sefatlhego, segolobogolo matho, nko le molomo.



NOMMORO YA MAHALA YA MOGALA: 0800 100 100



Printed with funding from the European Union