



REPUBLIC OF NAMIBIA

OCORONA OSHIKE (COVID-19)

Omukithi hagu tagu taandele maantu nowa monika oshikando shotango mo Decemba 2019. Kapu na etuntilo nenge epango lyombuto yocorona (COVID-19).Ihe,omadhindhilikoogendji otagavulu okupangwasha ikwatelela konkalo yomuvu.

#CoronaVirusNam #StayHome #Covid19nam #LockdownNam #StopCoronaVirusNam

OMBUTO YOCORONA (COVID-19) OTAYI TAANDELE NGIINI?



Okuza momata gomayeye uuna omuntu ta popi, ta kolola nenge ta teshima



Mekwatathano ngaashi okugumathana nenge okuminikathana



Mokukwata iinima ngaashi omiyelo, iitaafula, nosho tuu, mbyoka yi na ombuto.

OMADHINDHILIKO GOMBUTO YOCORONA (COVID-19)

Omadhindhiliko gombuto yocorona ga simana ogo:



Uupyu lwa adha po38°C nenge pombanda



Omukolo gwa kukuta



Okufudha nuudhigu

NKENE TO VULU OKUKEELELA OSHIPONGA SHOKUKWATWA KOMBUTO YOCORONA (COVID-19)



Aluhe yoga iikaha yoye oosekonde 20 nothewa nomeya taga tondoka, nenge wu opaleke iikaha yoye nothewa yomagadhi



Kaleka oshinano shoomete mbali pokati koye nayakweni



Kololela mongolo yokwaako nokana neyulu ya siikililwa nenge wu longithe okanasituke uuna to kolola nenge to teshima



Ikeelela kokwiikwata moshipala, unene tuu pomesho, pomayulu nenge mokana



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